

Mexico

Mexico joined the Coalition in May 2023 and submitted its [commitment](#) in June 2023 signed by the Secretary of Foreign Affairs around the following areas: Policy, Programme design and coverage, Evidence and data generation.

Achievements

In 2024, legislation was enacted that recognizes the right of children and adolescents to receive adequate and sustainable food in schools. The government also published updated guidelines, prohibiting the sale and distribution of certain products that have high levels of unhealthy ingredients and encouraging healthy school diets based on fresh, local and seasonal foods.

In 2025, Mexico implemented the “Live healthy, live happy” strategy that strengthened support for healthy school environments, and it continued the effort to increase the number of schools certified as health promoters. Additional resources have been allocated for both of these activities.

The government has also strengthened its institutional capacity, collaborating across sectors and through implementing a [virtual platform](#) with information on the “Live healthy, live happy” strategy. Coordination has also been established with all 32 states within the country in support of the certification of health-promoting schools, with a goal of 25,000 certified schools.

Data on the strategy will be collected through a school health census, with the goal of serving 12 million students, and dashboards provide annual information on the number of schools certified as health promoters.

In addition to its participation in the Coalition, Mexico collaborates with international organizations such as the Pan American Health Organization and UNICEF, for technical assistance and to mobilize good practices in school health. Collaboration also occurs at the state and municipal government level to support implementation of school feeding guidelines and to support certification of health-promoting schools.

Next steps

Mexico is addressing challenges around limiting access to unhealthy food and beverages around educational facilities and ensuring better access to fresh and nutritious food, particularly in rural and indigenous communities. It is also working to develop capacity for training of teachers and parents on food education issues, with a focus on sustainability.

The government would welcome collaboration to exchange regional experiences on certification of healthy school environments, to conduct studies on cost-effectiveness and impact of school meals to justify further budget allocations, and to explore stronger partnerships with municipalities to further limit access to unhealthy food in and around schools.

Highlights

- Launched the “Live healthy, live happy” strategy to further healthy school environments and certify a total of 25,000 health-promoting schools.
- Strengthening institutional capacity and collaborating across sectors and at all levels of government.